



"The first day it was pretty hard, but you kept helping us until we got it!"

HAWKINS STREET SCHOOL

WINTER4KIDS Academy

PARTICIPANTS WILL LEARN SKILLS ON AND OFF THE SNOW.

While mastering skiing, snowboarding and cross country participants will also develop healthy lifestyles. They can become lifetime enthusiasts, competitors, fans or future employees. All are changed in ways that impact their lives including better attendance in school, choosing a college education, better health and improved behaviors.



Winter4Kids.org
44 Breakneck Road
Vernon, NJ 07462
973.846.8250

PROGRAM

Participants in the Winter4Kids Academy will learn new attitudes toward nutrition, self-esteem, cross-cultural interactions and the great outdoors.

OUTCOMES

- Improved Physical Health
- Enriched attitudes toward Nutrition, Self Esteem and Cross-Cultural Interactions
- Better Attendance
- Increased College Acceptance
- Lifelong Winter Activity Enthusiasts
- Increased Moderate to Vigorous Physical Activity
- Skill Mastery (Nordic, Alpine and Snowboard)
- Safe Environment
- Sustained Access by non-traditional populations
- Future Employment Opportunities
- Affinity for the Outdoors

INFORMATION

Winter4Kids Academy is a multi-session, multi-year, multiple winter activity skill acquisition and healthy lifestyles program.



- Our values to virtues mentoring builds healthy lives and healthy lifestyles.
- Sessions are four hours in duration and six per season, per participant.
- Each student has the same group leader for each session
- First-year participants (Never Evers) enjoy two sessions of snowboard, skiing and cross country
- Returning participants choose their season activity to master
- Each activity curriculum has six levels of progressive skill attainment. Our participants start at their level of experience.
- Available sessions options (Dosages):
 - six in six visits,
 - six in three visits, or
 - six over an entire weekend.
- Participants return for three years or more
- Participants join their organization's winter activity club

For youth between
the ages of

6 to 18

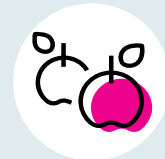
COMPONENTS



Experiential
Learning
Curriculum



Mentoring –
Value To Virtues
Roadmap



Healthy Meals



Clothing
& Equipment



Winter
Activities Club



Progress Reports



Activity &
Parents Day

WINTER4KIDS

Located at the National Winter Activity Center, Winter4Kids offers programs to improve the health and influence behaviors of all youth through winter activities. Our dedicated team delivers our Academy and Athletic programs with passion and commitment.

WINTER4KIDS ATHLETICS

Our participants are coached to reach their personal ski, snowboard or cross-country goals. Mastery of competitive and individual skills prepares these athletes for life and creates a path to upper level, interscholastic and recreational competition, lifetime winter activity enjoyment, fans and future employees.